

Help for Pregnant Women and Mothers of Newborns

Early Intervention Partnerships Program (EIPP) is a free home visiting program for pregnant women, mothers of newborn infants and their families.

Services are available to Cambridge and Somerville residents, regardless of immigration status or ability to pay.

The *EIPP* team will assist you with the following:

- Preparation for labor and birth
- Coping with stress during pregnancy and postpartum
- Answering newborn health concerns (feeding, illness, sleeping, etc.)
- Connecting you with parent support groups
- Applying for food stamps and other assistance programs
- Finding safe child care
- Client Appreciation Program (\$25 gift card for each referral to EIPP)
- Connecting you to community agencies
- So much more!



Falamos português
Hablamos español
Additional language interpreters available

Agency Overview

Founded in 1954, The Guidance Center, Inc. (GCI) is a 501(c) 3 nonprofit organization whose mission is to be a leading provider of developmental and mental health services to children, including the youngest



and most vulnerable, in respectful partnership with their families and community leaders. GCI works with more than 3,500 children and families annually in Cambridge and Somerville. Its multicultural, multilingual staff has expertise in addressing a range of health and family challenges, including premature births, developmental delays or disabilities, substance abuse, depression and domestic violence.

GCI's continuum of care includes 16 separate programs across three categories: Early Childhood Services, Child and Adolescent Services, and Intensive Family Services.

Early Intervention Partnerships Program
The Guidance Center, Inc.

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Early Intervention Partnerships Program (EIPP)

an
Early Childhood Program of



Nurturing health and hope in
children, families and community

Program Brochure

EIPP Overview

What is Early Intervention Partnerships Program?

Early Intervention Partnerships Program (EIPP) is a collaborative project among the Massachusetts Department of Public Health, The Guidance Center, Inc. (GCI) and other agencies in the state. *EIPP* provides prenatal and infant support by offering free home visits for pregnant women and mothers of newborn infants. Our mission is to promote the well-being of families and link families to appropriate community resources.

Who Does EIPP Serve?

We serve residents of Cambridge and Somerville who are pregnant or have an infant under the age of two months at the time of referral. To be eligible, pregnant women and women with a newborn baby will be assessed for risk factors that may affect detrimentally the pregnancy, health of the mother or baby, or early childhood development.

What is the EIPP Maternal Child Health Team?

This is a team comprised of a maternal child health nurse, a clinical social worker and a community health worker. Our staff members speak Portuguese and Spanish and also have access to interpreters, if needed.



EIPP Can Help

How Do I Make A Referral?

Women may be referred to *EIPP* via telephone call or fax from individuals or agencies, including the following:

- Obstetrician or Nurse Midwife
- Pediatrician
- Nurse
- Other Health Care Provider
- Hospital Staff
- Human Service Agency or Community-Based Organization
- Self-Referral
- WIC



What Services Are Available?

Beginning early during pregnancy and until the baby's first birthday, the MCH team will provide the following home-based services at scheduled intervals:

- Comprehensive Health Assessment (CHA) of the entire family
- Blood pressure checks
- Preparation for labor and birth
- counseling
- Home safety and injury prevention education
- Support for coping with stress during pregnancy
- Postpartum depression awareness, education, and screening
- Newborn health education (i.e. feeding, illness, sleeping)

A Few Reasons to Call Us

What Makes EIPP Successful?

EIPP is designed to provide a flexible approach to home-based service delivery. Together with the family, we develop and implement a Family Care Plan that serves as the key to each family's involvement in and commitment to the program.

We also provide information, referrals and advocacy for services, such as the following:

- Child Support
- Child Care Services
- Early Intervention
- Education
- Employment
- Food Stamps
- Fuel Assistance
- Health Insurance
- Housing
- Housing Issues
- Immigration Issues
- Mental Health
- Parenting and Support Groups
- Primary Health Care
- Substance Use/Abuse
- Transitional Assistance
- WIC

“Before I came into contact with the *EIPP* program, I felt I did not know anything about myself. I felt lonely. I have learned how to take care of my baby. After working with the *EIPP* staff, I feel special.”

Nurturing health and hope in children, families and community